



Hepatology

Information and Contact



NARDINI KLINIKUM
Landstuhl · Zweibrücken

For the Benefit of Your Liver – Patient Information

Internal Medicine 2 at Nardini Klinikum St. Elisabeth in Zweibrücken treats patients with diseases of the stomach, bowel, or kidney, diabetes mellitus and/or obesity. Moreover the department specializes in the treatment of acute and chronic liver disease and liver cirrhosis.

Around 20 % of the population in Germany have some type of fatty liver disease, while hundreds of thousands suffer from hepatitis infection, autoimmune disease, or toxic damage from medication or alcohol. All of these can lead to liver cirrhosis and liver cancer. The problem is that these diseases can progress for a long time without causing symptoms. Early detection is only possible when liver enzymes are measured at regular intervals.

Chief Physician and Associate Professor Dr. Peter Schiedermaier examines patients suffering from diffuse liver disorders, elevated enzyme levels, or abnormal ultrasound findings in a dedicated liver consultation hour on an outpatient basis. Liver diagnostics rests on three pillars: Additional laboratory tests provide indications as to the cause. High-resolution ultrasound shows changes in liver tissue (nodules, tumors, or liver cirrhosis). Tissue sampling allows to determine the extent of liver damage and therefore the prognosis.

Once the type of liver disease has been determined, the disease can be cured, or its progression slowed, by specific therapies. Patients with liver cirrhosis undergo a follow-up at regular intervals. Your physician can refer you to the liver consultation hour as needed.

Liver consultation hour registration

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